

**TOP 10 ITEMS NEEDED FOR  
 THE FOOD PANTRY**



Our Food Pantry relies heavily on community donations. Below are the 10 items most frequently requested by our clients:

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|--------------------------------|---|
| <b>1. Cereal</b>               | <b>6. Spaghetti sauce</b>               |
| <b>2. Healthy kid's snacks</b> | <b>7. Shampoo</b>                       |
| <b>3. Peanut butter</b>        | <b>8. Toothpaste &amp; toothbrushes</b> |
| <b>4. Tuna fish</b>            | <b>9. Feminine hygiene products</b>     |
| <b>5. Soup</b>                 | <b>10. Diapers (sizes 3-6)</b>          |

**Other items requested often include:**

Razors, condiments (ketchup, mayonnaise, mustard, salsa, salad dressing), adult diapers, Ensure protein shakes, cooking oils, baking needs (flour, sugar), whole grain crackers and chips, spices.

Donations can be dropped off at our office at 35 Park Street, Monday through Thursday from 8:30am to 7:00pm, Friday from 8:30am to 4:00pm (*Summer Friday hours: 8:30am to 1:00pm*) or placed in collection boxes at:

- Stop & Shop, 224 Elliott Street, Beverly
- Stop & Shop, 37 Enon Street, Beverly
- Shaw's, 71 Dodge Street, Beverly