1. When donating to the Food Pantry, check our most needed items list on our website. Food must be unopened, not expired, and in good condition. Food drives are not a time to clean out cabinets – it takes time and money away from our mission to have to dispose of food that is not distributable. A good rule to follow: Donate food you would eat or feed your family.

2. Specific requirements:
   - Frozen food must have been purchased frozen & cannot have been thawed, even if it was later frozen again.
   - Refrigerated food must remain refrigerated and must be cold when it arrives.
   - Produce should be donated Mon-Thurs so it has a chance to get into the hands of our clients before it goes bad. If it is donated on a Friday, it likely will not last over the weekend.
   - We cannot accept medicine or vitamins.
   - Healthy food is most needed. People facing hunger are at a higher risk for diet-related disease, such as obesity, type-2 diabetes and heart disease. Individuals with chronic disease need access to nutritious foods. Please keep this in mind when considering what to donate.

3. If you’re running a large food drive for us, please let us know in advance so we can be prepared when you drop off items to the Pantry. *Please consider delivering the food to our facility part of your donation. We do not have the resources available to pick up individual donations.

4. Please drop off food Mon - Thurs, 8:30am - 7pm or Fri, 8:30am - 4pm. We are not open on weekends.